

## **SENIOR CORNER**

**Marsha Petrillo, Director – 508-278-8622**

**Susan White – Administrative Assistant 508-278-8622**

**Carrie Walden, Nutrition Site Manager – 508-278-7609**

**Joe Rondeau, Transportation Coordinator - 508 – 278-8622**

**Mary Rice, Outreach Coordinator – 508-278-8638**

*The mission of the Uxbridge Council on Aging Board and the Director of the Senior Center is to identify the needs of our senior citizens, to educate the community relative to those needs and to promote and implement services to help fill them. In addition, we serve as a resource center for our senior citizens, families in need and to our Community at large.*

Message from Marsha Petrillo, Director ~ Dear Reader: The Uxbridge Senior Center will be offering free income tax return help and help applying for the Circuit Breaker Tax Credit on Mondays and Wednesdays beginning February 6<sup>th</sup> and running through April 9<sup>th</sup>.

### **About the Circuit Breaker Tax Credit:**

For tax years beginning on or after January 1, 2001, an owner or renter of a principal residence located in Massachusetts who is age 65 or older at the close of the taxable year may be eligible to claim a refundable credit against personal income taxes. Known as the “circuit breaker credit,” this credit is based upon the actual real estate taxes or rent paid by a taxpayer eligible to claim the credit.

A Massachusetts taxpayer age 65 or older that owns or rents his or her principal residence may qualify for the circuit breaker credit if he or she meets the following eligibility requirements: For tax year 2007, the taxpayer's "total income" cannot exceed \$48,000 for a single individual who is not the head of a household, \$60,000 for a head of household, and \$72,000 for a husband and wife filing a joint return.

### **III. 2007 Assessed Valuation Threshold Amount for Homeowners**

For tax year 2007, the assessed valuation, before the residential exemptions but after abatements, of the homeowner's principal residence may not exceed \$772,000.

### **IV. Credit Available in 2007 for Renters and Homeowners**

The credit is equal to the amount by which 25% of the rent actually paid by the taxpayer during the taxable year for the occupancy of the principal residence exceeds 10% of the taxpayer's total income for the taxable year, provided that such amount does not exceed the maximum credit amount. For tax year 2007, the maximum credit amount is \$900.

The credit is equal to the amount by which the taxpayer's property tax payments in the current tax year, including water and sewer use charges paid to a municipality, but excluding any abatement or exemption granted, exceeds 10% of the taxpayer's total

income, for the taxable year, provided that such amount does not exceed the maximum credit amount. For tax year 2007, the maximum credit amount is \$900.

This free service is available to Uxbridge residents. Please call Susan at the Senior Center at 508-278-8622 to make an appointment.

### **SMOC ~ FUEL ASSISTANCE**

The Uxbridge Senior Center is an official in-take site for fuel assistance. If you have any questions about the process, eligibility, or documents needed to accompany the application, we can help. Please call the Center @ 508-278-8622 for further information or to schedule an appointment.

### **Join Us for a Special Lunch n Learn Thursday, Feb. 7<sup>th</sup> @ 11:30 am on the History of the Norden Cemetery**

The Uxbridge Senior Center will host the Uxbridge Historic Cemetery Committee for a special “Lunch n Learn” presentation on the history of the Norden Cemetery & the Norden Society of Uxbridge & Millville. The Uxbridge Historic Cemetery Committee has been researching the Norden Cemetery and the families buried there for several years. The term “Norden” was often used to encompass the people from five countries: Sweden, Norway, Denmark, Finland and Iceland. They have located some descendants and their families who have shared their knowledge and recollections of the cemetery. Now, the Uxbridge Historic Cemetery Committee would like to share what they have learned and provide an opportunity for others to help reconstruct the history of the cemetery, the Norden Society and their association with the area churches and the U. S. Rubber Mill. We invite you to come to this special Lunch n Learn presentation and share your Norden ancestral ties or just learn more about the extraordinary Norden Society of Millville and the Norden Cemetery of Uxbridge. Please join Uxbridge Historic Cemetery Committee members Shelly Merriam, Sheryl Romasco, and Jill Kenrick on Thursday, February 7<sup>th</sup> beginning at 11:30am and bring any Norden-family history and photographs to share. Call the Senior Center @ 508-278-8622 to make your reservations.

***“Appreciation is a wonderful thing. It makes what is excellent in others belong to us as well.” - Voltaire***

The Uxbridge Elderly Connection, Inc. and the Uxbridge COA Board extend their heartfelt thanks and appreciation to the First Holiday Night Committee for partnering with us at our pancake breakfast held on Sunday, January 27<sup>th</sup>. The breakfast was a huge success and everyone had a wonderful time. We look forward to partnering with you on future fundraisers.

### **Membership Drive – People feel happiest when they belong!**

The Uxbridge Elderly Connection, Inc., invites you to become a member of their fundraising group. The Uxbridge Elderly Connection, Inc., is a non-profit, 501 C 3

organization which serves as the “Friends” group to the Uxbridge Senior Center. Membership in this organization is open to everyone interested in supporting the Uxbridge Senior Center. We invite family members, caregivers, business men and women, young adults and all interested individuals to join The Elderly Connection, Inc. Membership is \$2 per year and will help support the Uxbridge Senior Center. If you are interested in becoming a member of the Senior Center’s “friends group” known as: The Uxbridge Elderly Connection, Inc., please call us at 508-287-8622. We thank you, in advance, for the support you offer to our elders and look forward to meeting you! We invite you to stop by the Uxbridge Senior Center, 36 South Main Street, to learn more about us. We are open M-F from 8:30 am to 4:30 pm.

### **DONATION REMINDER:**

The Upanishads, ancient scriptures of India, say, “If you want to be happy, be giving.” If you would like to make a monetary donation to the Senior Center, we ask that you make all checks and money orders payable to: THE TOWN OF UXBRIDGE. Monetary donations, payable to the Town of Uxbridge, will be deposited weekly into our donations and gift account. Please know that your donations will be used to help fund our transportation services, educational programs, and special events offered only at the Senior Center.

If you would like to make a donation to our 501 c 3 non-profit “Friends Group”, please make your check payable to: The Uxbridge Elderly Connection, Inc. If you have any questions about how to make donations to the Uxbridge Senior Center please do not hesitate to call me at 508-278-8622. We are grateful for your donations and appreciate your continued support. Because of your generosity, our community is changed for the better!

**Copying Reminder:** If you are an Uxbridge resident you may use our copy machine for your small copying needs. Copying at the Senior Center is not free and we ask **.25¢** per copy to help cover the costs of toner, paper and maintenance costs. We ask that you see the director or check with Sue, Mary or Carrie before using our copier. Staff copying jobs take precedence over all outside copying. Please note you may be interrupted or asked to come back to make your copies at a more convenient time. We thank you for your consideration in this matter.

### **COMPUTER CORNER**

Beginning in January 2008 we will be offering computer classes in Excel, Word and Internet. Classes are very small and geared to meet your personal needs. We welcome Kris Koehler, Excel Instructor to our lineup this winter. Kris will be with us for a short time so we hope if you are interested in learning Excel basics you sign up early. Classes will begin on Wednesday, January 9<sup>th</sup> and run for six weeks through mid February. Classes begin at 3:30 pm and run for about one hour. Call 508-278-8622 to enroll in Excel, Word or Internet. Remember, computer classes are free of charge. If you are able

to make a weekly donation to help cover the costs of our computer classes, we suggest a donation of \$5 per class each week. We look forward to meeting you.

### **GROCERY SHOPPING:**

Attention Uxbridge Seniors: Do you need transportation to the grocery store? Did you know that we travel to Hannaford Market every Tuesday and Wednesday morning? Please contact our Transportation Coordinator, Joe Rondeau, @ 508-278-8622 to make your reservation on the van. Pickup begins at 8:30 am.

### **SENIOR CLUB**

The Senior Club meets at the Uxbridge Senior Center on the second and fourth Wednesdays beginning at 1:30 pm. We are looking for new members and enrollment in this group is open year round. Call the Center to learn more about us!

### **February 2008 – Upcoming Events**

#### **Pitch Party Every Monday Night:**

February 4, 11, 25. No Pitch on Mon., February 18<sup>th</sup>. The Center is closed in observance of President's Day. Pitch begins @ 6:30 PM ~ \$2 donation. We are always looking for new participants. We have a big comfortable Center, just right for playing cards together. Coffee and complimentary refreshments served each week.

#### **Tuesday Afternoons 1:30 – 4:00 PM:**

Come join us for an afternoon of card playing every Tuesday at the Uxbridge Senior Center. Contact Rita @ 278-2824 for more information about this card group. All are welcome!

#### **Sun., Feb. 3rd:**

7:00 PM UNNC Craft Night

#### **Mon. Feb. 4<sup>th</sup>:**

12:00 Noon – Deadline to apply for absentee Ballots for Presidential primary.

#### **Tues. Feb 5<sup>th</sup>:**

Presidential Primary – Polls will be open from 7:00 AM to 8:00 PM. @ High School.

#### **Tues., Feb. 5<sup>th</sup>:**

NAMI Support Group meets @ Senior Center @ 7:00 pm. This group is for individuals and family members caring for people with mental illness and not recommended for individuals with mental illness.

#### **Thurs., Feb., 7<sup>th</sup>:**

Walmart Shopping pickup begins @ 8:30 A

**Thurs., Feb. 7<sup>th</sup>:**

11:30 AM ***Lunch and Learn*** The Uxbridge Historic Cemetery Committee will discuss the History of Norden Cemetery & the Norden Society of Uxbridge & Millville. Reservations call Carrie @ 508-278-7609.

**Sun., Feb. 10<sup>th</sup>:**

7 PM UNNC Financial Planning Business Meeting

**Tues., Feb. 12<sup>th</sup>:**

5 PM COA Board Meeting

**Thurs. Feb. 14<sup>th</sup>:**

11:30 AM **Valentine's Day Party** – Special Musical program with the Children from Taft School. Prizes, Raffle. Join us for a fun-lovin' time! Call 508-278-7609 to make your luncheon reservation.

**Mon., Feb 18<sup>th</sup>:**

Center Closed in observance of President's Day

**Tues., Feb. 19<sup>th</sup>:**

11:30 AM - VNA Blood pressure and vital sign clinic

**REMINDER:** Transportation to and from medical appointments is available at the Senior Center. Call ahead, as soon as you book your next appointment. It is never too early to book an appointment. If you are willing, we will gladly reschedule your appointment if there is a conflict. Call Susan, at 508-278-8622 to make your medical appointment reservation.

**Tri Valley Storm Cancellations Notice:**

Starting January 1, 2008, you will be able to use your TV to see when the meal program at the Senior Center is closed due to stormy weather conditions. Tune in to Channel 7 or Channel 56 to find out if meals will be delivered if the weather is inclement. For more information about this new cancellation notice call Tri Valley, Inc. at 1-800-286-6640.

We invite you to come and join us for lunch beginning at 11:30 am daily. Please call Carrie Walden, Nutrition Site Manager, @ 508-278-7609. Call 48 hours in advance to reserve your meal. \$2 Donation per meal - \$3.50 ages 59 and under.

**February 2008 Daily Menu**

- 2/1 **Liver & onions**
- 2/4 **Teriyaki Chicken**

**2/5 Kielbasa w/red bliss potatoes**  
**2/6 Salmon Boat**  
**2/7 Pork Supreme**  
**2/8 Seafood Alfredo**  
**2/11 American Chop Suey**  
**2/12 Meatball Burgundy**  
**2/13 Chicken Cantonese**  
**2/14 Veal Parmesan & Penne Pasta**  
**2/15 Fish w/crumb topping**  
**2/18 Presidents' Day – Center Closed – No meals served**  
**2/19 Sweet & Sour Pork**  
**2/20 Meatball Stroganoff**  
**2/21 Buttermilk Chicken**  
**2/22 Macaroni & Cheese**  
**2/25 Spaghetti & Meatballs**  
**2/26 chicken Supreme**  
**2/27 Chili – Fiesta Rice**  
**2/28 Baked Ham/raisin sauce**  
**2/29 Potato Crunch Fish**

