

JULY 2009

Uxbridge Senior Center Programs & Events

36 South Main Street

Marsha Petrillo – Director – 278-8622

Mary Rice – Outreach – 278-8638

Susan White – Administrative Assistant – 278-8622

Joe Rondeau – Van Driver

Beverly Clark – Tri Valley Nutrition Site Manager – 278-7609

1st

Wednesday

8:30 AM Grocery Shopping

Centennial & Calumet and S. Uxbridge area

11:30 AM - Today's Lunch: Italian Braised Beef

2nd

Thursday

8:30 AM

10:30 AM - Lunch Pickup begins – Call 278-8622

11:30 AM - Today's Lunch: Pot Roast Stew

Join us for lunch and sing along with our very own,

Richard Colahan on keyboard. Call Bev for reservations

@ 278-7609

1:00 PM Card Games

3rd

Friday

Closed for 4th of July

No Meals Served today

Have a Happy and Safe Independence Day!

6th

Monday

10:30 AM Lunch Pick up begins

11:30 AM - Today's Lunch: Turkey Divan

Holiday Luncheon with popular "House Band"

Durango Mango! Join us for a fun-filled day of country and patriotic music!

Call Bev @ 278-7609 to reserve lunch

6:00 PM – Pitch \$2 donation

7th

Tuesday

8:30 am Grocery Shopping

In and around N. Uxbridge – Crown & Eagle

Lunch pick up begins @ 10:30 am.

Today's Lunch: Potato Crunch Fish

If you see Bev Clark today, wish her a Happy

1-yr Anniversary as our Tri Valley Nutrition Site Manager!

Call Bev @ 278-7609 for reservations.

4:00 PM COA Board Meeting

8th

Wednesday

8:30 AM Grocery Shopping

Centennial & Calumet and S. Uxbridge area

11:30 AM - Today's Lunch: Garden Swiss Steak

9th

Thursday

8:30 AM - Walmart Shopping Today!

10:30 am Lunch pickup begins

11:30 AM - Today's Lunch: Italian Casserole

Join us for lunch w/music by Richard Colahan!

Call Bev to schedule your lunch @ 278-7609

10th

Friday

11:30 AM - Today's lunch: Hawaiian Chicken

Join us for our extraordinary musical luncheon
with Richard Colahan! Call 278-7609 48 hrs in advance
for your meal reservation.

13th

Monday

10:30 AM Lunch Pick up begins

11:30 AM - Today's Lunch: Swedish Meatballs

Call 278-7609 to make your luncheon reservations

6:00 PM – Pitch \$2 donation

14th

Tuesday

8:30 am Grocery Shopping – Call 278-8622 for a ride

In and around N. Uxbridge – Crown & Eagle

10:30 AM Lunch Pick up begins

11:30 AM - Today's Lunch: Ham with Maple Glaze

Call Bev @ 278-7609 for reservations.

1:00 PM Card Games

15th

Wednesday

8:30 am Grocery Shopping – Call 278-8622 for a ride
In and around S. Uxbridge & Centennial & Calumet Cts.

11:30 AM - Today's Lunch: Chicken Supreme

Special Luncheon Guest Speaker: Dr. Charles Lutton, MD PhD

Dr. Lutton will speak on “How to be your own Advocate”

Call Bev @ 278-7609 for reservations

1:00 PM Fallon Rep – Gail Trubow will be available to
answer your insurance questions. Please call 278-8622
to set up an appointment with the Fallon Rep.

16th

Thursday

Lunch pickup begins @ 10:30 am

11:30 AM - Today's Lunch: Salmon Boat

Join us for our musical luncheon

Featuring Richard Colahan on keyboard!

Call 278-7609 for meal reservations

17th

Friday

10:30 AM – Lunch Pickup begins

11:30 AM - Today's lunch: Mac n Cheese

Join us for our sing-along musical luncheon
with Richard Colahan! Call 278-7609 for your
meal reservation.

20th

Monday

10:30 AM Lunch Pick up begins

11:30 AM - Today's Lunch: Chicken Salad

Call 278-7609 to make your luncheon reservations

6:00 PM – Pitch \$2 donation

21st

Tuesday

8:30 am Grocery Shopping – Call 278-8622 for a ride

In and around N. Uxbridge – Crown & Eagle

10:30 AM Lunch Pick up begins

11:30 AM - Today's Lunch: Roast Pork

1:00 Card Games

22nd

Wednesday

8:30 am Grocery Shopping – Call 278-8622 for a ride

In and around S. Uxbridge & Centennial & Calumet Cts.

11:30 AM - Today's Lunch: Spaghetti & Meatballs

Call 278-7609 for meal reservations.

23rd

Thursday

Lunch pickup begins @ 10:30 am

11:30 AM - Today's Lunch: Beef with Jardiniere Sauce

Call Bev for your meal reservation today! 278-7609

24th

Friday

10:30 AM – Lunch Pickup begins

11:30 AM - Today's lunch: Chicken Fricassee

Join us for our “name that tune” musical luncheon
with Richard Colahan! Call 278-7609 for your

meal reservation.

27th

Monday

10:30 AM Lunch Pick up begins

11:30 AM - Today's Lunch: Pork Roast

Call 278-7609 to make your luncheon reservations

6:00 PM – Pitch \$2 donation

28th

Tuesday

8:30 am Grocery Shopping – Call 278-8622 for a ride

In and around N. Uxbridge – Crown & Eagle

10:30 AM Lunch Pick up begins

11:30 AM - Today's Lunch: Roasted Chicken

1:00 Card Games

29th

Wednesday

8:30 am Grocery Shopping – Call 278-8622 for a ride

In and around S. Uxbridge & Centennial & Calumet Cts.

11:30 AM - Today's Lunch: Fish and Newburg Sauce

Call 278-7609 for meal reservations.

30th

Thursday

Lunch pickup begins @ 10:30 am

11:30 AM - Today's Lunch: Yankee Chicken Pie

Call 278-7609 for meal reservations

31st

Friday

10:30 AM – Lunch Pickup begins

11:30 AM - Today's lunch: Hot Dog & Roll

Join us for our fun-filled musical luncheon with Richard Colahan! Call 278-7609 for your meal reservation.

The Uxbridge Senior Center, COA Board, and The Uxbridge Elderly Connection, Inc., wish to thank and acknowledge the following businesses, individuals, and players for their generosity and support of our 4th annual golf tournament held at Crystal Lake on Sunday, June 14th:

Hellen Fuels

This year we are especially thankful for the generous \$1,000 donation made by Hellen Fuels to cover the costs for our golf shirts. A very BIG Thank You goes out to: Ronnie and Eddie Bedard! Your kind support makes our community a better place for our senior citizens. Thank you from the bottom of our hearts!

The Uxbridge Education Foundation

Thank you Tom & Sandy Rosborough for donating a 1-week stay at your Loon Mt. Condo with auction proceeds to benefit the Uxbridge Ed Foundation in memory of our former Superintendent of Schools: Dan Stefanilo. We appreciate your commitment to our community!

The Boston Celtics

Thank you, Tessa Caffrey, for your help to obtain an official autographed Boston Celtics basketball which was auctioned off in loving memory of your dear grandmother, Dottie Liberty. It was an honor for us to remember your grandmother at our tournament this year.

Blackstone Valley Vocational Tech HS

Thank you to the wood working students of Blackstone Valley Vocational School for the beautiful hand-crafted Adirondack chair.

The Rainbow Palette – Laura Cenedella

Thank you Laura for the exquisite painting of the Blackstone Heritage Park at River Bend Farm for our live auction.

Our Volunteers

We are indebted to all the members of The Uxbridge Elderly Connection, Inc., and to Linda Roberts, Cathy Thornton, Holly Gallerani & Jeanne Daley for their personal commitment to our seniors and to this fundraising event. Thank you for all your hard work and continued dedication!

Thanks to Barry Giles, our videographer, and to Karl Kildahl, for their assistance with filming for cable access. We are indebted to Pete Petrillo, Russ Rosborough and Peter DiBattista for all their hard work behind the scenes again this year. This event would not have happened without you!

Special Thanks to our Full Sponsors:

- Alternatives Unlimited, Inc. - Dennis Rice, Executive Director

- Attorneys Thomas, Mark, and Mary Pat Wickstrom - Whitinsville, MA (Congratulations to our 1st place winners this year!)
- Attorney Gerald Lemire of Uxbridge
- Uxbridge Auto, Inc. Russ Rosborough, Owner
- Waste Management – Rob Paul

Thanks to the following individuals & businesses for their generous gifts:

- Bert's Restaurant
- Blackstone National Golf Club
- Blackstone Valley Limo Scvs.
- Blackstone Valley Vocational School / Woodworking Students
- Blissful Meadows Golf
- Boston Celtics – Tessa Caffrey
- Paul Boutot
- Capital Grille – Kathy Rice
- Crystal Lake Golf Club
- Curves of Uxbridge
- Dynasty Cafe
- E. Osterman Gas Service
- Friendly Discount Liquors
- George's Surf n Turf
- Kapi's Pub
- Ken's Automotive
- Karen Maguire
- Richard Provencal
- Rainbow Palette – Laura Cenedella
- Hanover Theatre
- Hemenway's Seafood Grill
- Lucille's Floral Shop
- Barry & Faye McCloskey
- Mohegan Sun
- Renaissance Books
- Riverview Wine & Spirits
- Shaw's Supermarket
- Target Stores of Auburn
- The Spa @ Capron Falls
- The Elderly Connection, Inc.
- Walmart of Northbridge
- Whitin Community Center
- Whitinsville Golf Club

With Appreciation & Thanks to our Tee Sponsors:

- Michael J. Biancamano, D.P.M.
- BJ's Wholesale Club (2)
- Bright Shine Auto Spa
- Delmonico Insurance Agency
- Deruseau Real Estate, Inc.
- Evercare Senior Care Options
- Fallon Community Health
- Gaudette Insurance Agency
- Hellen Fuels
- J. F. Cove Insurance Agency, Inc.
- Karcraft of Uxbridge
- Koopman Lumber
- Lydia Taft House
- M&M Medical Supply
- Milford Federal Savings & Loan
- Salmon Health & Retirement
- Savers Bank
- Senior Comfort Services
- Skyline Group, Inc.
- St. Camillus Health Center
- State of Grace Yoga & Wellness
- Sue's Embroidery Works
- Ultiplay Parks & Playgrounds, Inc.
- Unibank for Savings
- Uxbridge Dental Center
- Uxbridge Orthopedic & Sports Therapy
- Uxbridge Fire Association
- Uxbridge Police Association
- Uxbridge Women's Club
- Waste Management
- YYZ Signs

Thank you Kevin and Cindy Bliss, Owners, Crystal Lake!
We look forward to next year's tournament!