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**Date:** February 20, 2011 3:25:31 AM EST

**To:** newsatthenut@msn.com, andy@stonebridgepress.com;  
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**Subject:** Uxb Sr Corner for March including pic of Pearl Goosney's "milestone" birthday party

## 2011 March

### Uxbridge Senior Center Programs & Events & Lunch Menu

#### 36 South Main Street

Marsha Petrillo – Director – 278-8622

Susan White – Administrative Assistant – 278-8622

Peter Weager – Van Driver

Meg Walsh – Outreach Coordinator – 278-8638

Beverly Clark – Tri Valley Nutrition Site Manager – 278-7609

Lunch pick up begins at 10:30 am each day.

Call Bev to reserve your lunch 48 hours in advance @ 278-7609

Call the Center for transportation to and from lunch and for medical rides at 278-8622.

## 1st

### Tuesday

2:00 PM NEW TIME! Grocery Shopping @ Hannafords

Call 278-8622 for a ride

11:00 AM Evelyn Sandoval will discuss Senior Care Options

This is a free informational discussion. Please join us to see if you qualify for this health care program which could drastically reduce your health care premiums.

11:30 – Today's lunch: Beef Stroganoff

1:30 pm – card games – dealers choice - All welcome!

## 2nd

### Wednesday

11:30 AM - Today's Lunch: Honey Baked Chicken

## 3rd

### Thursday

11:30 Today's Lunch: Beef Ziti Bake

Musical Luncheon with Richard Colohan on keyboard!

3:30 – 4:30 FREE! Yoga with Marilyn Jones, Instructor.

6:30 PM @ the Senior Center ♣ Join us for a special evening of family fun for St. Patrick's Day! ♣ We will host "Celebrating Ireland" an all-Irish program which embraces Irish history and culture in Story and Song! Featuring Storyteller **Marilyn Murphy Meardon** who has a partiality for Irish stories and will, at the drop of a shamrock, spin an outlandish yarn and **Tom Maquire**, an Irish playwright, and whisky tenor whose fervor for all things Celtic reaches well into the Dark Ages. Also performing is **Phil Edmonds**, a native of Killaloe, County Claire, Ireland, When he was 14

years old, his family emigrated to America and settled in South Providence where he still lives. Along with his tin whistle, Phil plays button accordion with great warmth and spirit. Fiddler, vocalist, harpist and leprechaun, **Mary King**, weaves these gifts together with her love of music and Ireland. The Celtic soul is alive and well in the stories and songs you will hear, and your ears and eyes will smile. Refreshments and coffee will be served. This program is sponsored by the Uxbridge Library and the Uxbridge Senior Center and partially funded by State Rep. Ryan Fattman, Rep. Kevin Kuros, Senator Richard T. Moore, The Uxbridge Library Trustees and The Uxbridge Elderly Connection. Call Jane Granatino, Library Director @ 278-8624 or Marsha Petrillo, Senior Center Director @ 278-8622 to learn more. You won't want to miss this fun family program! All are welcome!

4th

Friday

11:30 AM – Today's Lunch: Penne Chicken & Broccoli

Join us for this musical luncheon with our friend,

Richard Colohan, on keyboard today!

Reminder! Computer classes have moved to Mondays 3-4 PM

12:45 PM FREE! AARP Tax Preparation Help. Call 278-8622

to make an appointment. Ask us if you qualify for the Circuit

Breaker Tax Credit.

7th

Monday

11:30 AM – Today's Lunch: Apricot Chicken  
NEW DAY! 3-4 PM Computer Classes – All are  
Welcome. Classes are small and geared to your  
needs. Call us @ 278-8622 to learn more!

8<sup>th</sup>

Tuesday

2:00PM NEW TIME! Grocery Shopping @ Hannaford's  
Call 278-8622 for a ride

11:30 AM – Today's Lunch: Mardi Gras Meal – Jambalaya &  
Ratatouille

1:30 pm – card games – dealer's choice Bring a friend!

4:00 PM COA Board Meeting

9<sup>th</sup>

Wednesday

11:30 AM - Today's Lunch: Cheese Omelet

1:30 PM – Senior Club Today! Bingo to follow

Meeting. Senior Club is open to interested individuals  
55 yrs++. Call Shirley at 508-266-0659 to

learn more about this fun-filled group.

## 10th

### Thursday

8:30 AM WalMart Shopping Today!

11:30 AM – Today's Lunch: Rosemary Pork

1-2PM Pageturners book club with Jane Granatino.

All are welcome to join this interesting book discussion.

Tell us what you are reading and why you like or dislike

it. Keep current with the latest book reviews and more!

Light home-made refreshments each month. Join us and

Bring a friend!

## 11th

### Friday

11:30 AM – Today's Lunch: Potato Crunch Fish

Join us with our friend, Richard Colohan, on keyboard!

Call Bev at 278-7609 for your meal reservation.

Free! AARP Tax Preparation today. Call us at 278-8622 to

See if you qualify for the \$970 Circuit Breaker Tax Credit.

Reminder! Computer Classes have moved to Mondays @ 3PM!

Hope to see you there!

## 14th

### Monday

11:30 AM - Today's Lunch: Liver & onions

NEW DAY: Computer Classes 3-4 pm today. Bring a friend!

## 15th

### Tuesday

2:00 PM NEW TIME! Grocery Shopping @ Hannaford's

Call 278-8622 for a ride

11:30 AM – Today's Lunch: Swedish Meatballs

1:30 PM Card games today. All are welcome!

## 16th

### Wednesday

11:30 AM - Today's Lunch: Chicken Murphy

Call 278-7609 for meal reservations.

2:00 PM – Gail Trubow, Fallon Rep. will be

available to answer your health insurance questions. By appointment only. Please call Fallon @ 800-333-2535 or the Center @ 278-8622 To register.

17<sup>th</sup>

## Thursday

11:30 Today's Lunch: St. Patrick's Day Luncheon  
Corned Beef & Cabbage

Musical Luncheon with Richard Colahan on keyboard!

3:30-4:30 PM Yoga Classes Today – Join us at any time, enrollment in Yoga is open year round.

18<sup>th</sup>

## Friday

1:00 Special luncheon Trip Today!

Avoid "Cabin Fever"! Spring is right around the corner! Join us for lunch at Willowbrook Restaurant in Mendon today followed by afternoon of shopping at The Mendon Country Gift Barn! First Come First Served. Limited Seating on the van. Call 278-8622 to register!

11:30 AM Today's (in house) Lunch: Vegetable Alfredo

with our friend, Richard Colohan on his keyboard!

12:45 PM FREE! AARP Tax Preparation Help. Call 278-8622

to make an appointment. Ask us if you qualify for the Circuit Breaker Tax Credit.

## 21st

### Monday

11:30 AM – Today's Lunch: Yankee Chicken Pie

Special Mass Med Line Presentation today! Learn

More about the Affordable Care Act and Health

Care Reform. Join us for this informational

“Lunch n Learn” discussion. Call 278-8622 for

Reservations.

NEW DAY! 3-4 PM Computer Classes – All are

Welcome. Classes are small and geared to your

needs. Call us @ 278-8622 to learn more!

## 22nd

### Tuesday

2:00 PM NEW TIME! Grocery Shopping today at Hannafords



11:30AM – Today’s Lunch: Veal Bourguigon

1:30 PM – Card Games Today – Dealer’s Choice

All are welcome to join in at any time. Bring a Friend!

23rd

Wednesday

11:30 am **Welcome!** Senator Richard T. Moore

to present new American flag to seniors!

Join us today to meet with Senator

Moore as he holds “district day” throughout

Uxbridge. Call 278-7609, 48 hours prior

to this event for lunch reservations.

11:30 AM - Today’s Lunch: Sweet & Sour Pork

1:30 PM Senior Club – Bingo to follow

business meeting. Senior club is open to

individuals 55++ and dues is only \$10 per

year. Call Shirley at 508-266-0659 to learn

how you can join this fun club.

24<sup>th</sup>

## Thursday

8:30 WalMart shopping today!

11:30 – Today's Lunch: Meatloaf & gravy

3:30-4:30 Yoga

25<sup>th</sup>

## Friday

11:30- Today's lunch: Salmon Boat

12:45 FREE AARP Tax Preparation

Do you qualify for the Circuit Breaker

Tax Credit of \$970 this year? Call us

@278-8622 to find out!

27<sup>th</sup>

## Sunday

### **7-11 AM Pancake Breakfast**

\$5 at the door of Senior Center

Doorprizes, gift baskets, and

plenty of family fun! Sponsored

By First Night and The Uxbridge

Elderly Connection. Hope to see

You there!

28<sup>th</sup>

## Monday

11:30 Today's Lunch: Beef Jardiniere

3-4PM Computer Classes today.

All are welcome. Classes are small and

Geared to your personal needs. Join Us!

29<sup>th</sup>

## Tuesday

2:00 PM NEW TIME! Grocery Shopping today at Hannafords

11:30AM – Today's Lunch: Roast Pork

1:30 PM – Card Games Today – Dealer's Choice

All are welcome to join in at any time. Bring a

Friend!

30<sup>th</sup>

## Wednesday

11:30 AM - Today's Lunch: Beef Stew

1:30 PM Senior Club – Bingo to follow

business meeting. Senior club is open to individuals 55++ and dues is only \$10 per year. Call Shirley at 508-266-0659 to learn how you can join this fun club.

31st

Thursday

11:30 – Today's Lunch: Chicken Chow Mein

3:30-4:30 Yoga

State Rep. Ryan Fattman helped to make Pearl Goosney's "milestone" birthday a very special occasion by personally presenting an official citation from the House of Representatives to commemorate her day. The Senior Center staff, volunteers, family and friends enjoyed a nice luncheon, birthday cake, and special music by Richard Colohan. "I don't focus on my age anymore" said Pearl, "I try to keep a positive state of mind instead. I am still very young at heart!"