

July 1st, 2020

Important Dates:

July 4th: Independence Day

July 7th: National Strawberry Sundae Day!

September: Back to [School](#)



Helpful Links:

- [Uxbridge COVID-19 Webpage](#)
- [Uxbridge Support Services](#)
- [Massachusetts DPH](#)
- [CDC COVID-19 Info](#)

The Week in Numbers:

Total reported COVID-19 cases in Uxbridge Residents	77
Number of COVID 19 cases in Uxbridge out of isolation	73

Questions?

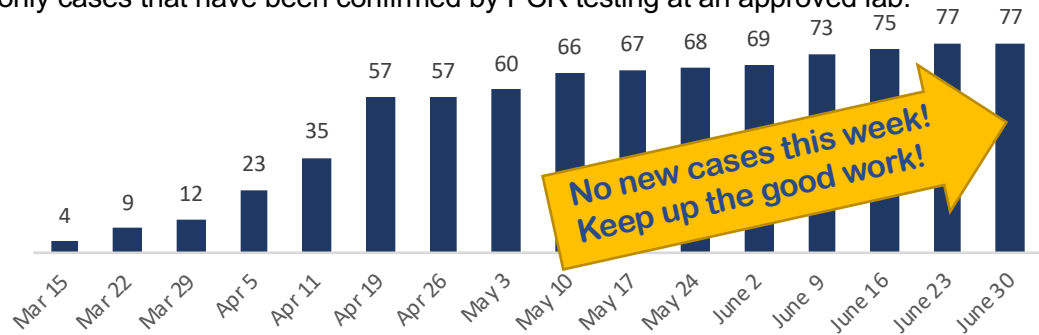
Contact the
Board of Health at:
508-278-8600 ext. 8
boh@uxbridge-ma.gov

COVID-19 Weekly Update

Status Update

COVID-19 in Uxbridge

The graph below shows the **total** number of confirmed COVID-19 cases in Uxbridge (not the number of cases each day). It is important to note that these are only cases that have been confirmed by PCR testing at an approved lab.



NEW COVID-19 SYMPTOMS AND CDC UPDATES

The CDC added congestion or runny nose, nausea or vomiting and diarrhea to its [list of COVID-19 symptoms](#). On June 25th, the CDC [updated and expanded the list](#) of who is at increased risk for getting severely ill from COVID-19.

Quarantining and Travel: Confused? Us Too.

As the different states reopen and close at different rates due to COVID 19, it can be confusing what that means for domestic travel. Currently, people travelling to Massachusetts, including MA residents returning home from out of state, must quarantine for 14 days. However, as of July 1st, people travelling from Rhode Island, Connecticut, Vermont, New Hampshire, Maine, New York, and New Jersey do not have to quarantine. Additionally, workers designated as essential by the government do not have to quarantine if they are travelling for work. For more information on MA travel guidelines, the travel update page can be found on the state website [here](#). States nearby have different variations on their travel guidelines so it is important to check in to see if you will have to quarantine when travelling out of state. Some nearby state travel restrictions can be found here for [Rhode Island](#), [Connecticut](#), [New York](#), and [New Hampshire](#). Unfortunately, international travel restrictions still remain confusing and are changing everyday. There is currently a Level 4 Travel Advisory to anywhere outside of the US due to the pandemic, meaning that all nonessential travel should stop. For people trying to return to the US, the reentry guidelines can be found [here](#). For those needing to travel internationally, a country specific list of travel guidelines can be found [here](#). In summary, it is important to refrain from international travel unless it is absolutely necessary and domestic travel should be conducted with caution and adherence to your state's guidelines.

About this Publication: The COVID-19 Weekly Update is produced by the Uxbridge Board of Health on behalf of the Town of Uxbridge to provide the town with relevant and timely updates about the COVID-19 situation and related news from the community. It is published every Thursday, and is accurate up to the time of publication. **Due to the holiday this week, we have published a day early.**