

June 4, 2020

Important Dates:

June 5th: National Donut Day

June 17th: Spring Annual Town Meeting is scheduled for 7pm. More details soon.

June 17th: The last day for food distribution by the Uxbridge Schools

June 21st: Fathers Day

Helpful Links:

- [Uxbridge COVID-19 Webpage](#)
- [Uxbridge Support Services](#)
- [Massachusetts DPH](#)
- [CDC COVID-19 Info](#)

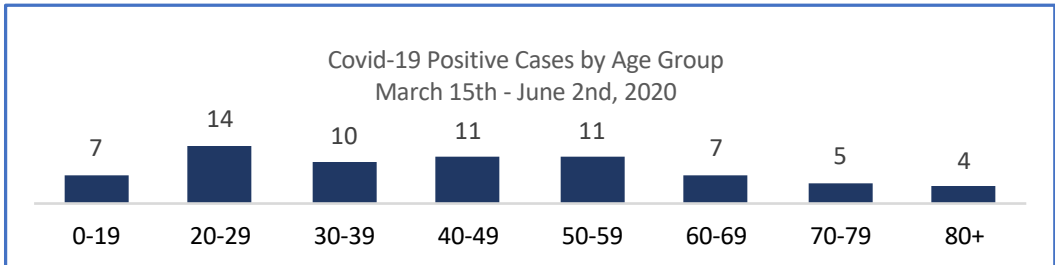
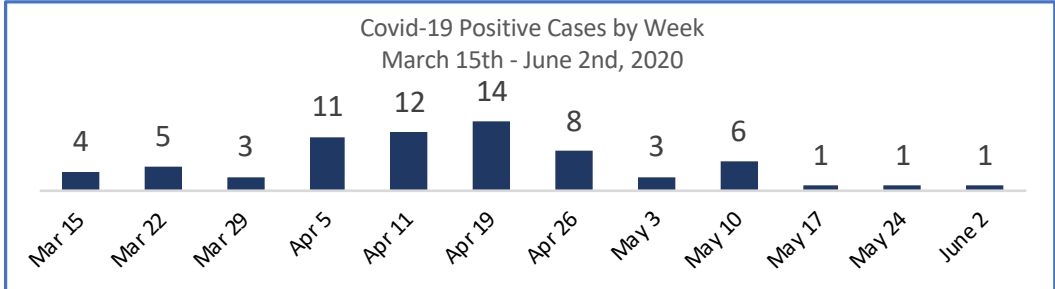
The Week in Numbers:

Total reported COVID-19 cases in Uxbridge Residents	69
Number of COVID 19 cases in Uxbridge out of isolation	63
Number of Meals provided to students by Uxbridge Public Schools	3,100
Number of Meals provided by the Senior Center	180 meals, 118 Hannaford Gift Cards
Food Pantry in May	80 families served (184 people); 7 new families, 13 families making 2 visits.

COVID-19 Weekly Update

Status Update

COVID-19 in Uxbridge: The graphs below show trends of confirmed COVID-19 cases in Uxbridge. It is important to note that these are only cases that have been confirmed by PCR testing at an approved lab.



Looking for Feedback from Readers

The Board of Health is evaluating the future of this newsletter and is seeking feedback from readers. Let us know if you find this newsletter helpful or if you have recommendations for new content. Email feedback to boh@uxbridge-ma.gov.

Protests in the Time of Covid-19

We wanted to take this space to address the protests that are happening across the world amid the COVID-19 pandemic. These are demonstrations of anger, frustration and impatience towards a society that has a history of racial inequality and injustice. The right to assemble and protest is a value upon which this country was founded and is protected by law. On a call with the Massachusetts Department of Public Health, local boards of health were instructed to not enforce gathering limits or social distancing of protesters.

This week there have been small groups of people on the Uxbridge Common protesting and maintaining a safe social distance. We support their right to do so and commend their respect for all of us by being safe. If you choose to join a protest here are some [tips](#) to minimize COVID-19 transmission:

- Wear a mask
- Try to stay 6 ft apart when possible
- Wash or sanitize your hands when you get home



BLACK LIVES MATTER

About this Publication: The COVID-19 Weekly Update is produced by the Uxbridge Board of Health on behalf of the Town of Uxbridge to provide the town with relevant and timely updates about the COVID-19 situation and related news from the community. It is published every Thursday, and is accurate up to the time of publication.

Uxbridge Helps

Are you in need of face masks, food assistance, pet care, or other services related to COVID19? Uxbridge HELPS is a service connecting community organizations with those in needs. For more information and to request assistance, [click here](#).



Our Neighbors

The COVID-19 case count in Uxbridge has been excitingly low the past few weeks and the case rate in Worcester County has been [flattening](#) as well. If you want to see how Uxbridge compares to surrounding towns, [click here](#) to see the weekly case and testing information by city/town released each Wednesday by the Mass. Department of Public Health.

Questions?



If you cannot find the answer online, contact the Board of Health at: 508-278-8600 ext. 8 boh@uxbridge-ma.gov

Suds or Sanitize?

There are many steps necessary to stop the spread of COVID-19 (wearing a mask, social distancing, handwashing, etc.). Both soap and hand sanitizer have been advertised as effective, but you may be wondering if hand sanitizer works better than soap? How do soap and water vs. hand sanitizer work? Well, they both disrupt the outer layer or envelope of the virus, as shown in [this](#) video. According to the CDC, washing your hands with [soap](#) and water is probably the [most effective](#) way to protect yourself against COVID. You can use a [hand sanitizer](#) if soap and water are not available.

SOAP	HAND SANITIZER
<ul style="list-style-type: none">• 20 seconds of lathering all skin surfaces• Washes COVID down the drain• Cheap and available• Antibacterial soap is not recommended	<ul style="list-style-type: none">• 20 seconds of covering all skin surfaces• Easy to carry on the go• Does not remove dirt or grease, which may cover COVID• Must contain at least 60% alcohol

Reopening Restaurants

On May 29th, the state released a [preview of the mandatory safety standards, recommended best practices and a checklist for restaurants](#) to allow restaurants time to prepare to operate in compliance with these requirements. Restaurants may not provide any service beyond carry-out or delivery until specifically authorized to do so in Phase 2 of the Commonwealth's Workplace Re-Opening Plan. Here are some more highlights:

- ❖ Restaurants may provide outdoor table service at the commencement of Phase 2 of the Commonwealth's Reopening Plan provided they meet all standards and receive municipal approval for new outdoor dining areas.
- ❖ Restaurants will be authorized to commence indoor table service only if the public health data reflects continued positive progression.

Stay tuned for dates – the Phased Reopening Plan is based on Data NOT Dates.

Back in Business!

Good news for kids and parents: camps and daycares are starting to plan for summer activities. [Guidance](#) from the MA governor was released on Monday, June 1st and organizations are currently reviewing these guidelines. The implementation of daycare and camp guidelines are going to be challenging, since they involve masking and social distancing. You may find answer to questions in this [FAQ](#).

Good News Corner!

Congratulations Uxbridge High School Class of 2020! We are so proud of you and wish you all the best going forward. In case you missed the graduation parade, or just want to relive it, you can watch a recording [here](#). You can also check out the Uxbridge Public Schools Facebook page for more pictures and videos from the parade! The Uxbridge High School is also working to finalize plans for their graduation ceremony in July for graduates and their families.