

Uxbridge Council on Aging Minutes

Date: Tuesday, June 8, 2021

REC'D UXB TOWN CLERK
2021 JUN 21 AM 10:06

Place: Uxbridge Senior Center/Zoom

Time: 4 PM

Attendance: Director Lisa Bernard, Edna Coffin, Jean Lawson, Doreen Landry, Edwina Porter, chair; Cathy Thornton (UEC)

Minutes of May meeting read and approved.

Director's Report: (attached)

Activities continue with adjustments for protocols and safety measures.

The meal program will see new procedures in place in the upcoming weeks in July and August phasing in congregate meals, with the goal to be in full open congregate meals daily starting in September with no more deliveries.

A plan to replace the floor of the senior center will be sent out for bids. A security system has been budgeted for in the 2021-22 budget.

Live Zumba and Chair Yoga will resume on July 22 at McCloskey School.

Uxbridge Elderly Connection fundraiser golf outing scheduled for Monday, October 18 at Whitinsville Golf Course.

Three COA Board members terms expire June 2021. They have reapplied and await appointment by the Board of Selectmen.

Attached is Scaling Up Operations devised by the director and a survey conducted as input into transitioning the meal program at the senior center.

Meeting adjourned at 5:10. Next meeting September 14 at 4 PM.

Respectfully,

Edwina Porter, Chair

Uxbridge Council on Aging Minutes Approval

(via email)

Director Lisa Bernard

Edwina Porter

Edna Coffin

Doreen Landry

Jean Lawson



**TOWN OF UXBRIDGE
COUNCIL ON AGING
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Uxbridge, MA 01569
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**Lisa Bernard
Director**

**COA MEETING
June 8, 2021 @ 4pm**

DIRECTOR'S REPORT:

Program Development:

1. Outdoor Activities
2. Fish curbside luncheons
3. Pen Pal program continues, goodie bags being distributed
4. Walking Club (every Weds @ 10am)

Members/Staffing:

1. UEC fundraising event Golf Tournament October 18th
2. COA- 3 members terms expiring June 2021

Center Improvements:

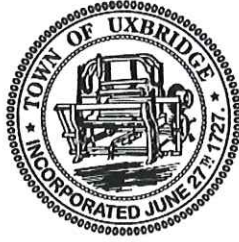
Financial:

1. Spring Town Meeting was held on Sat, May 15th.-- **Budget approved**

Other:

1. **Coronavirus-** Discuss Scaling Up Operations

Respectfully submitted,
Lisa Bernard, LSW, Director



UXBRIDGE SENIOR CENTER

36 SOUTH MAIN STREET

UXBRIDGE, MA 01569

(508) 278-8622

SCALING UP OPERATIONS

As of Tuesday, June 1st, 2021, the Uxbridge Senior Center will reopen to the public as follows:

- The Center will be open by appointment only on Monday, Wednesday and Friday
- Activities will take place outdoors, weather permitting & RSVP is required
- The Congregate Meals Program remains closed at this time
- Face coverings are strongly recommended for those who are unvaccinated.
- Masks and hand sanitizer will be available for visitors.
- Socially distance when able.
- If you are feeling sick, please stay home.

We strongly encourage you to call the Center ahead of time to ensure we are available to assist you.

The Home Delivered Meals will continue in the month of June as scheduled.

Please continue to check our website for updates.

Governor Baker's new Legislation extends provisions related to the Commonwealth's Open Meeting Law until September 1, 2021. This allows additional time to consider possible permanent changes to the open meeting law to provide for greater flexibility in conducting open meetings through reliance on electronic streaming and similar measures.

(6/1/2021)



Dear Home Delivered Meals Recipient: Total of 44 surveys out/28 returned=64%

Since the COVID pandemic began, the Uxbridge Senior Center has provided innovative ways to continue to provide services and programs to our seniors in a safe way. As we began to scale up operations and resume some sense of normalcy, the senior center is in process of re-organizing our services. We would like to hear from you to determine how we may be able to continue to assist you and provide quality care and ongoing support.

Please fill out this survey and return back to the delivery person in the envelope provided by Tuesday, May 25th.

Please note that the responses to this survey will be held confidential.

Thank you for your assistance.

Should you have any questions, please feel free to contact me at (508) 278-8622.

Lisa Bernard

Director

Please answer each question, circle your response:

I enjoy the Uxbridge Senior Center home delivered meals. 100% **YES** or **NO**

I am satisfied with the quality and taste of the meals. 100% **YES** or **NO**

I would like the Senior Center home delivered **hot lunch** to continue. 100% **YES** or **NO**

I would like to discontinue the brown bag sandwich meal only. 25% **YES** or 64% **NO**
11% no response

I would be agreeable to visit the senior center for the hot lunch program 39% **YES** or 50% **NO**
11% no response

I would need transportation to get to the senior center for lunch. 57% **YES** or 39% **NO**
4% no response

I need assistance to get to the store to buy my groceries. 46% **YES** or 54% **NO**

I worry whether my food will run out before I get money to buy more. 25% **YES** or 68% **NO**
7% no response

I would like information to apply for food stamps (SNAP) benefits. 14% **YES** or
82% **NO** 4% no response

Additional comments: I would go on Tues & Fri, the meals are not a necessity, I enjoy the convenience of not cooking/planning meals, Thank you for taking good care of us, Thank you-you are the best, a fish sandwich on Friday would be good, Thank you, need transport to doctors and dentist visits, I don't want the sandwich but like the other treats, can use extra meat and bones for her dog, the meals are a blessing