

## UXBRIDGE COUNCIL ON AGING MINUTES

**Date:** September 15, 2020

**Place:** Uxbridge Senior Center/Zoom

**Attendance:** Director Lisa Bernard, Chairperson Edwina Porter, Sally Selvidge, Gail Boutiette, Edna Coffin, Betty Tancrell, Doreen Landry, Jean Lawson

**Time:** 4 PM

First meeting after summer recess. No minutes to present.

Board members introduced.

**Director's Report (see attached)**

**Discussion covered:**

### **Program Development**

Activities, transportation, hot lunch program, food gift cards and grocery shopping continue within guidelines required and are continuing to reach out and be successful in addressing our seniors' needs. Donations are helping to cover expenses. An effort is being made to identify at risk seniors and seek remedies and referrals.

**Staffing:** Medical Van Driver advertised

### **Center Improvement:**

Discussion centered around parking lot progress and handicap bathrooms in planning stages. New used van received in August awarded from MASS DOT.

Some discussion of quotes on floor replacement at the center.

### **New Business:**

Uxbridge Senior Center set to open on Sept 19 by appointment only.

Flu Shot on Oct 14 with procedure in place.

No DMV help available but members can go to AAA offices.

COA will continue to meet via Zoom and in person as needed.

No decisions have been made yet regarding holiday parties at the senior center, but plans for delivered meals for Thanksgiving are underway.

Director Bernard provided copies of Town Report which was signed off on by members of the Council on Aging.

Next meeting is Tuesday, October 13 at 4 PM.

Respectfully submitted,

Edwina Porter, Chair

Council On Aging Minutes Approval for September 15, 2020

John S. ...  
Mary Anne Schlegel

Theresa

Edna Caffari

Edwina R. ...

Betty Tancrell



# Town of Uxbridge

Do Not Write in this Space

☒ Meeting

☐ Cancellation

Board or Commission COA

Meeting Date Sept. 15, 2020

Time 4:00 PM

Place Uxbridge Senior Center

Authorized Signature \_\_\_\_\_

Participants will be allowed to send a comment or question via the chat function. Pursuant to Governor Baker's March 12, 2020 Order Suspending Certain Provisions of the Open Meeting Law, G.L.c.30A,&18, and the Governor's March 15, 2020 Order imposing strict limitations on the number of people that may gather in one place, this meeting of the Uxbridge COA Board is being conducted via remote participation. No in-person attendance of members of the public will be permitted, but every effort will be made to ensure that the public can adequately access the proceedings as provided for in the Order. This meeting will be held remotely. If you would like to attend and comment by phone, please dial 646-558 8656 and use meeting ID 9711510776. For video use:

<https://uxbridge.zoom.us/j/9711510776?pwd=cnZNdGEzN1hzK1Q3MmNKUmtlWWdvZz09>

Meeting ID: 971 151 0776, Passcode: 08242020

## I. Call to Order

Call to Order @ 4:00 pm

Reading of Available Meeting Minutes

## II. Old Business

WELCOME 20-21 Council on Aging

Introduction of Board Members

Director's Report

Discussion/ Questions

Old Business

## III. New Business

Update on Ongoing Projects not covered in Director's Report

New Business

COA will continue to meet at Senior Center and via Zoom as needed

Special Holiday Luncheons

## IV. Executive Session

## V. Adjournment

Adjournment

Meeting Postings: October 13, 2020

A public body must post notice of the date, time and place of a meeting at least 48 hours in advance of said meeting, excluding Saturdays, Sundays, and legal holidays. The notice must include a list of topics the chair reasonably anticipates will be discussed at the meeting, specific enough so that the public can understand the agenda. Once posted, notice may be updated with additional topics, but only if re-posted 48 hours in advance of the meeting in the same manner as above. If a sudden, generally unexpected set of circumstances demands immediate action by a public body, an "emergency" meeting may be held, and notice shall be posted as soon as possible prior to said emergency meeting.



**TOWN OF UXBRIDGE  
COUNCIL ON AGING  
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[lbernard@uxbridge-ma.gov](mailto:lbernard@uxbridge-ma.gov)**

**Lisa Bernard  
Director**

**COA MEETING  
September 15, 2020**

**DIRECTOR'S REPORT:**

**Program Development:**

1. Restart of virtual Chair Yoga classes started June 4<sup>th</sup> – July 23<sup>rd</sup> at 2pm, as of August 6<sup>th</sup> now started 8 weeks of re-runs of this class at a reduced rate (last class on Sept 24<sup>th</sup>). Virtual Zumba started August 6-Sept 24<sup>th</sup>, this class is sponsored by the Uxbridge Elderly Connection.
2. Activities to continue with virtual programming on YouTube, Facebook and Cable TV channel 192 with programs running Tuesday thru Thursday 9:30am and 5:30pm. Walking club started. Sally also started a virtual "Uxbridge Senior Center on the Move", showing various places of interest in town. This is shown on YouTube, Facebook and Cable Channel 192.
3. Transportation Program reinstated beginning of July. Plexiglass was installed on all vehicles. This program is down to one medical driver each day. Two medical drivers did not return back to work (one due to medical reasons and the other due to COVID)
4. Hot lunch distribution going well. Average of 180-200 meals per week. Hot lunch and bagged sandwich distributed to those folks who want the meals and who live in subsidized housing. We will be starting a curbside pick-up meal on Fridays in September. Rep Soter will be hosting a cookout curbside lunch on Sept 11 and the center will be doing a fish luncheon curbside on Sept 25<sup>th</sup>.
5. Hannaford's gift cards distributed to folks who live outside of the subsidized housing on Aug 26<sup>th</sup> at the senior center. BOS voted to increase from 125 cards to 225 gift cards and also increase the amount from \$20 to \$35. The Center will also be getting money for postage to mail out the gift cards and also add'l monies for food cost. This money is from FEMA, although, FEMA disbursements might be ending soon.
6. Grocery shopping continues on Tuesdays mornings to Hannaford's. We also added on Foppema's, Shaw's and bank/pharmacy shopping trips.

**Members/Staffing:**

1. Medical van driver will be advertised

**Center Improvements:**

1. Parking lot will be paved soon! Hoping for the Fall
2. Handicap bathrooms with use of SIG funds. Although we were not awarded the AARP grant, the Town Manager gave us permission to move forward on the bathroom project. We are currently working on obtaining bids for this project.
3. The Center was awarded a 2017 used Med Van from Mass DOT. We received the van on Weds, Aug 19<sup>th</sup>.

**Financial:**

1. Formula Grant paperwork to be filled out in Sept

**Other:**

1. **Coronavirus-** Opening of Senior Center- set for Sept 9<sup>th</sup> by appointment only
2. **Annual Report for FY 2020-**Signatures required

Respectfully submitted,  
Lisa Bernard, LSW, Director

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